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Sri Sathya Sai Institute of Educare

Chromepet, Chennai - 600 044, Tamil Nadu, India (Affiliated to CBSE, New Delhi, Accredited at A+ level by SSSNAC)

45 Years of Character development with academic excellence



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EVENTS REPORT

APRIL 2024

Sairam. The month of April gave new beginning and new hope. The celebration of Ugadi, Tamil New year, Vishu and Ramadan brought joy and happiness in the hearts of all SSSIE family members. "To teach the human values, which are like precious gems, you need competent and dedicated teachers who practice these values." says our beloved Bhagawan. The teacher training course organized by the Sri Sathya Sai National Council acted to make the teachers understand the necessity of practicing before preach. The annual butter milk Seva during the hot summer brough laurels to the school. Let us get into the details of all the April month activities.

BUTTERMILK SEVA

APRIL-MAY 2024

With the benign support of the Shree Banaskantha Palanpur Jain Association, SSSIE rendered buttermilk distribution Seva to the passersby on the Nemilichery high road and quenched their thirst during the hot summer season throughout April and May 2024. Students, parents and staff volunteers actively participated in the Seva, received appreciations from the general public and became recipients of the Divine Blessings of Bhagawan.



TEACHERS SATHSASNG ON SRI SATHYA SAI ASHTOTTARA NAMAVALI

During the month of April, the daily assembly was performed only by the teachers and the staff. The Divine theme of Sri Sathya Sai Ashtottara Namavali and the divine story associated with the Namavali was taken up for group presentation by the teachers. All the teachers were divided into 3 separate groups as Sathyam, Shivam and Sundaram and presented the stories in an interactive way using PPT. The presentation made the students understand the Mission of Bhagawan and his Divine miracles. It also directly made the teachers realize the glory of Lord Sai.



APRIL 2024

Presentation by Sathyam Group



Glimpses of the Sai Ashtottara Story presentation by Sathyam Group teachers and staff

CAREER GUIDANCE PROGRAM

07 APR 2024

Sri Sathya Sai Seva Organisation, Kanchi 🔢 North District organized a career guidance for the Balvikas and other general students. Sri Rajesh, ardent devotee of Bhagawan, was the resource person who conducted the workshop. a PPT Through presentation, he explained about various new courses available in 2024 and colleges to study. A detailed information about UPSC exams was given. All the students benefitted immensely through the program. Class X and XII students of SSSIE attended the President program. District Sri R.Kannan, District Educational Coordinator Sri Priya, State Youth Coordinator Dr.Prasanna graced their presence during the event. The resource person was felicitated with a memento of love. The event concluded with Mangala Arathi to Bhagawan.



Career Guidance by Sri Rajesh

UGADI CELEBRATION

09 APR 2024

Ugadi – the Telugu new year day was celebrated seeking the Divine Blessings of Lord Sai on all. Students and staff who speak Telugu language presented talks in the assembly and prayed for the peace in the world. Correspondent Sri S.Loganathan advised everyone to celebrate the new year day by taking up a resolution. Stuents offered a bouquet of Telugu songs at the lotus feet of Bhagawan. The celebration concluded with Mangala Arati to Bhagawan. Special lunch with Ugadi Pachadi served to the hostel students.



Telugu new year day celebration

RAMADAN CELEBRATION

11 APR 2024

Ramadan - a time for Muslims to rejuvenate their faith, practice self-discipline, and cultivate compassion and generosity was celebrated in the assembly in a wonderful manner. Being the month of assembly session by the teachers on the theme of Sai Ashtottara Namavali stories, teachers enacted an inspiring role play based on Ramadan as well as Sri Sathya Sai Ashtottara Namavaili, bringing out the significance of both. The Sundaram group of teachers lead by Correspondent Sri S.Loganathan mesmerised everyone with their attire and presentation matching with the special day of Ramadan.



Ramadan offering by Sundaram group teachers

RAMADAN CELEBRATION



Sundaram group teachers and staff bringing out the essence of Ramadan through the Sri Sathya Sai Ashtottara Stories theme

BEACH VISIT BY SENIOR HOSTELERS

13 APR 2024

The class X and XII hostelers had fun time on the beach on 13th April 2024. The group with staff members visited the Neelankarai beach and enjoyed the session by taking bath in the sea and playing games on the beach.



Prayer before the beach session



Students having play time on the Neelangarai beach



Group photo with class X and class XII students

TAMIL NEW YEAR DAY CELEBRATION

14 APR 2024

Tamil new year day was celebrated highlighting the cultural wealth Tamil language. Students presented a devotional music program in the assembly. Correspondent Sri S.Loganathan and other school and hostel staff addressed the students wishing and praying for a successful and joyful year ahead.



Musical offering by class XII students



Address by the Management, staff and students on Tamil new year

RAMA NAVAMI CELEBRATION

17 APR 2024



Rama Navami Celebration

Rama Navami was celebrated with offering of special prayers and sathsang in the assembly on 17th April 2024.

Bhajans in praise of Lord Sri Ram was offered by the senior students and the staff.

Director Sri P.Kumarasamy addressed the students highlighting the immortal values of Lord Sri Rama. Correspondent Sri S.Loganathan offered Mangala Arathi. The celebration concluded with distribution of the special Rama Navami Panakam and buttermilk.

PICNIC AT BLUE LAGOON

18 APR 2024

All the teaching and the non-teaching staff along with the Management members visited the beach resort Blue Lagoon, Chennai for a recreational picnic on 18th April 2024. The group started from the school in the morning on a van. The entire day was spent in playing various funfilled value games and listening to the Sathsang by the senior members. The food and the accommodation was offered by Sri Nirvaan Farooq, Director, Blue Lagoon. The group returned back to the school in the evening at 6:30 pm.



SSSIE visit to Blue Lagoon beginning with Arathi to Lord Ganesha by Correspondent Sri S.Loganathan



Address by Director Sri P.Kumarasamy and Correspondent Sri S.Loganathan, Instructions by Smt. Poongothai K, Primary Headmistress

SSSIE Events Report - April 2024



Radha Krishna - Value game on Memory power



Catch the colour - Value game on mind alertness





Caterpillar - Value game on Co-ordination and Co-operation



Hook the ball - Value game on hard work and steadiness



Water Pass - Value game on Team work



Ball pass and spontaneous performance by the teachers



Throw ball game



Dumb charade followed by Mangala Arathi to Bhagawan



Blue Lagoon Group Photo

SSSNCS TEACHER TRAINING COURSE – PHASE 1

The Sri Sathya Sai National Council for Schools organized the Teacher Training Course phase 1 for the teachers of SSSIE between 22nd and 30^{th} April 2024. Ms. Vasumathi, Sai School, Vandlur and Mrs. Poongothai.K, SSSIE were resource the main persons for the workshop. As per the guidelines issued by the Sri Sathya Sai National Council for schools for the training in video mode,



22 - 30 APR 2024

Address by Ms. Vedhanayagi, Vice Principal, Sri S.Loganathan Correspondent, Smt. Poongothai, Course Co-ordinator, Ms. Vasumathi, Resource Person, Sri P.Kumarasamy, Director

on all the 9 days speeches by the faculty members and activities were organized successfully. All the participants experienced the joy of 'Educare' through attending the course. The importance of unity between Head ,Heart and Hands (3HV) was well understood by everyone. Correspondent Sri S.Loganathan and the vice principal Smt. N.Vedhanayagi lead from the front in organizing the course seamlessly.

Yoga Session during the course

Mrs. Ramani, SSSIE Yoga Trainer gave effective yoga training to all the participants as a part of the course.





Yoga training by Mrs. Ramani during the Educare training at SSSIE



Participants learning Yogasasnas and Pranayamam & Address by Correspondent Sri S.Loganathan



SSSNCS Teacher Training Course – Phase 1 Glimpses



Glimpses of different activities conducted for the participants



Feedback on the course by the participants & Felicitation to the Resource Person Ms.Vasumathi by Correspondent Sri S.Loganathan and Vice Principal Smt. N.Vedhanayagi



Group Photo of the Teacher Training Course-Phase 1, SSSIE, Chromepet

FELICITATION TO SRI BHUVANESHRAM, SSSIE ALUMNUS & TN IAS TOPPER

Brother Bhuvaneshram.T, SSSIE Alumnus who came out with flying colours in the recent UPSC IAS exam results 2024 as the TN state topper was the chief guest for the valedictory session of the Teacher training course - Phase 1 organized by the Sri Sathya Sai National Council for Schools on 30th April 2024. An elaborate felicitation was done to the achiever by the SSSIE family during the occasion.

30 APR 2024

The event began with lighting the lamp of love followed by Veda chanting. Sri Thyagarajan, Senior

Teacher compered the program. Director Sri P.Kumarasamy, in his welcome address, expressed his happiness and satisfaction over the humongous achievement by Brother Bhuvaneshram and remembered his level of focus and concentration in all the activities of the school other than being the academic topper always. It is only his perseverance and God's Grace gained this victory. While addressing the teachers who attended the course, he explained the difference between a teacher and a Guru and stressed that the goal of the Educare course is to transform a teacher into a Guru. He advised everyone to implement in their daily life and the classrooms all the values and techniques they had learned in the course. He also advised the students who were about to go home on the same day to follow the hostel routine at home and please Bhagawan. It was followed by the address of Correspondent Sri S.Loganathan. He stated that it was Swami who brought Brother Bhuvaneshram as the chief guest for the valedictory session of the Educare course. He stressed on the importance of parents' sacrifice, support and their inspiration that made him a leader today. He requested Bhuvaneshrams' mother Mrs.S.Suganthi to address the audience.

Mrs.S.Suganthi expressed her happiness and described how she used to feel sad when their child had to be put in the hostel at the tender age in class IV. She shared, "It was his father (Sri Thiyagamurthi.J) who assured her that he would get more love and care from Swami than what he was receiving at home. Though he used to be a mischievous boy in the initial days, he used to come out as first in academics, sports etc. That made us very happy. He used to advise us, 'the sacrifice that you were undergoing due to separation from me



would yield a great result one day.' We are very happy to be the parents of Bhuvaneshram. It is his Persistence and our prayers made this happen."

Correspondent Sri S.Loganathan thanked Mrs. S.Suganthi and appreciated her quoting the Thirukkural 'Eendra Pozhudhinum perithuvakkum...'. and requested Sri C.Mandikandan, Headmaster who was Tamil Teacher for Bhuvaneshram to address. Sri C.Manikandan described the calmness and the concentration of Brother Bhuvaneshram in the classroom. "He is the product of our school's mission : Character development with academic excellence. Apart from academics, he shined in all other extracurricular activities. He fetched many state-level prizes in Balvikas in education, vedam, Bhajan competitions. During class X board examination, he was suffering from Chicken Pox and was quarantined. With special permission at the exam centre he wrote them exam in a separate room. But, to the astonishment of all, he got 10 out of 10 CGPA and secured the top score in all the subjects. This is an inspiration to all that studying even at the last minute of the exams with dedication will fetch us the required success", shared Sri C.Manikandan.



Address by Director Sri P.Kumarasamy, Correspondent Sri S.Loganathan, Secondary Head Master Sri C.Manikandan, Van Driver Sri Venkatesh, Vice Principal Smt. Vedhanayagi

Then, Smt. L.Sridevei Berigai, Maths teacher for Bhuvaneshram in the middle class was invited to address. Smt. L.Sridevi appreciated Bhuvaneshram for his success and shared how he used to maintain even the rough note in the neatest manner. She shared, "He is the best Sai student. The luxurious facilities that we enjoy in the campus were not available that time. Even then, with only minimum facilities, he studied well and came out as the topper. All should emulate this success."



Then, Sri Venkatesh, SSSIE Van driver was invited to share his thoughts. Sri Venkatesh shared how proud he felt on seeing Brother Bhuvaneshram getting coaching from Sri Alby John Varghese I.A.S at the Tiruvallur District Collectorate. He also expressed his happiness that he had the opportunity to take him in his van during his childhood days.

Finally, Correspondent Sri S.Loganathan invited the chief guest Brother Bhuvaneshram to address the students. Brother Bhuvaneshram

shared his sweet memories while studying at SSSIE. He narrated the story of Óscar Figueroa, Olympic weightlifting champion for his persistence to win the gold medal after 12 years of hard work and failures that became inspiration to him to win at the IAS after 6 attempts.

He advised the students to trust in the system followed in the hostel that shapes up a student in physical victory, mental victory, and spiritual victory. He shared, "As the SSSIHL Brindavan campus topper, I prayed to Swami to bless me to become the university topper and get the gold medal. But, that couldn't be achieved due to a few points lesser. But, today, I feel my prayers have been answered. Let us not feel

unhappy that our prayers are unanswered at times. Swami waits for the perfect moment to bless us. We only have to trust him". He advised the X and XII students to learn to handle the hormonal changes in the body that would happen naturally at the adolescent age.

He advised, "Apart from academics, you have various avenues available at the campus such as sports, music, vedam, Bhajan etc. that help to build all-round development. Use any of these to release the pressure inside you. We used to play volleyball with Sri Loganathan sir who was our coach an and used to be friendly with us. It is the discipline and the physical health that I learnt at SSSIE are the main reasons for my success. I am taking them forward wherever I am moving today. Though I was preparing for this tough exam, I never left sports. I used to run for half Marathon. Never underestimate the seed of physical health sown at SSSIE. Today's youth lack physical health in 2 ways. 1) Due to non-availability of the required micro-nutrients 2) Due to obesity developed with over-eating. All should have a balanced diet and maintain proper physical health. Apart from Physical and Mental health, today's youth should take care of digital health as well. It is easy to get addicted to anything digital, social media etc. You may use the Pomodoro technique (time management method based on 25-minute stretches of focused work broken by five-minute breaks) to maintain physical, mental, and digital health. We may also follow Ikigai - the Japanese secret to a long and happy life. It talks about four things to be given attention when we choose our career.

1) whether we have the talent in the career we are going to choose

2) whether we have a passion in the field

3) whether it will fetch us prosperity

4) whether it will make us serve society



Finally, Brother Bhuvaneshram quoted the following words of famous writer Ralph Waldo Emerson and concluded his address:

"To laugh often and much: To win the respect of intelligent people and the affection of children, to earn the appreciation of honest critics and endure the betrayal of false friends; to appreciate beauty, to find the best in others, to leave the world a bit better whether by a healthy child, a garden patch, or a redeemed social condition; to know even one life has breathed easier because you lived. This is to have succeeded"

Vice Principal Smt. Vedhanayagi proposed the vote of thanks. She thanked the Sai system of education that nurtured Brother Bhuvaneshram filled with success and at the same time made him humble. She expressed that the former principal Late. Mrs. K.Saimeera would be feeling proud and happy about brother's success today. She thanked Bhagawan for being the reason for all successes and sought His Divine Blessings on all. The event concluded with Mangala Arathi.



Director Sri P.Kumarasamy felicitating Brother Bhuvaneshram, IAS., followed by Mangala Arathi

Link to read the document on the inspiring life of Brother Bhuvaneshram, IAS @ SSSIE: SSSIE Alumnus N.Bhuvaneshram as TN IAS Topper



"See all work as spiritual exercise, as an offering. Then, work is transformed into worship." - Baba



